

The future of any country resides in its youth. South Africa's young people, aged 15 to 24, are particularly important for its immediate future. Unfortunately this is also the age group reporting the largest number of new HIV infections annually, making it imperative to address this issue, as the first article does. Unplanned adolescent pregnancies continue to occur. Should adolescents choose to terminate their pregnancies, they need to cope not only physically but also mentally as portrayed by the second article.

Patients connected to ventilators face life and death crises, implying that they need to heal emotionally as well as physically. Phenomenological interviews conducted with such survivors could help health care workers to assist these patients in meaningful ways. Diabetic persons' levels of psychosocial stress can sometimes be associated with poor diabetic control, emphasising the need for effective health education and empowerment of diabetic persons.

The Auditory Steady State Response could possibly diagnose hearing loss more accurately at earlier developmental stages than most other methods, enabling earlier, and more effective, interventions to be implemented.

Persons who use their voices to earn their livelihood can experience extremely high levels of stress if their voices are affected. One article depicts a relationship between vocal fold nodules, affecting the voice, and socially aggressive personalities who use vocal hyperfunction. A lifestyle change could thus benefit these persons' voices.

Computer based oncology teaching-learning programmes are discussed in the last three articles, emphasising the necessity to use computer programmes as part of a combined teaching package, not in isolation.

These wide ranging articles could be aptly summarised in Florence Nightingale's words as "... work designed to keep people well, to help them avoid disease and to restore them to their highest possible levels of health. She identified the need to discover knowledge that could be structured as the science of health" (Murphy, 1978:xvii in Chaska, NL ed. 1978: The nursing profession: views through the mist. New York: McGraw-Hill).

Enige land se toekoms lê in sy jeug. Suid-Afrika se jeug, tussen die ouerdomme van 15 en 24 jaar, is van besondere belang vir die land se onmiddellike toekoms. Ongelukkig is dit ook juis die ouerdomsgroep wat die grootste getal jaarlike nuwe VIGS-gevalle jaarliks aanmeld, wat dit noodsaak om die saak aan te spreek soos die eerste artikel doen. Onbeplande adolesente swangerskappe duur voort. Indien adolesente sou kies om die swangerskappe te beëindig, moet hulle nie net fisiese nie, maar ook geestelik oorleef, soos weerspieël in die tweede artikel.

Pasiënte wat aan ventilators gekoppel is, moet lewe-en-dood krisisse in die gesig staar wat emosionele sowel as fisiese oorlewing noodsaak. Fenomenologiese onderhoude wat met sulke oorlewendes gevoer is, kan gesondheidsorgwerkers help om die persone op betekenisvolle wyses te ondersteun. Diabetiese persone se psigososiale stresvlakke hou soms verband met swak diabetiese beheer, wat die noodsaaklikheid van opleiding en bemagtiging beklemtoon.

Die "Auditory Steady State Response" kan moontlik gehoorverlies meer akkuraat op vroeër ontwikkelingstadiums diagnoseer, as baie ander metodes, wat vroeër en meer effektiewe tussentredes moontlik maak.

Personne wie se stemme hulle help om hulle daagliks brood te verdien, ervaar hoë stresvlakke wanneer hulle stemme aangetas word. Een artikel beskryf die verband wat bestaan tussen vokale vou nodules, wat die stem aantast, en sosiaal aggressiewe persoonlikhede wat vokale hiperfunksie gebruik. 'n Lewenstylverandering kan dus tot voordeel strek van die persone se stemme.

Rekenaargebaseerde onkologie onderrig-leerprogramme word in die laaste drie artikels bespreek en beklemtoon die noodsaaklikheid om rekenaarprogramme as deel van 'n gekombineerde onderrigpakket te benut, nie in isolasie nie.

Die artikels vervat in die uitgawe, kan toepaslik opgesom word deur Florence Nightingale se woorde as "... work designed to keep people well, to help them avoid disease and to restore them to their highest possible levels of health. She identified the need to discover knowledge that could be structured as the science of health" (Murphy, 1978:xvii in Chaska, NL ed. 1978: The nursing profession: views through the mist. New York: McGraw-Hill).