

---

## Letter from the Editor

When we stand at closing the door of this year we have to stand in the doorway and celebrate the many challenges and new beginnings we have experienced within the environment of Health SA Gesondheid.

The Professional Editorial Board made an informed decision that Health SA Gesondheid will be joining the global village of open access in the world of journals. The journal will therefore be published electronically online in an open journal format, and all articles will be available to download via the Internet from any place in the world.

Within this open access publishing framework it is our wish to widen access to scholarly research, offering unrestricted access to our journal content to researchers, academics, students and professionals alike.

- To all the **reviewers** that participated in the evaluation process of the articles that we received during this year, I would like to thank you for your participation on our road of excellence.
- To all the **authors** that contributed academically and scientifically sound articles, thank you for your contribution.
- To all the **members of the Professional Editorial Board** thank you for your contribution in making Health SA Gesondheid a remarkable journal.

I trust that all of you will continue to support Health SA Gesondheid and contribute to the well-being of our journal.

Charlene Downing