

In this edition of Health SA Gesondheid the importance of curriculum development, computer literacy and utilising a resource like concept maps in health education are emphasised. Psychiatric mental health issues are addressed in four of the articles. Professional nurses and family members' experience of mentally ill individuals are described. Mental health education and support are necessary to enable nurses and family members to cope with the behaviour of mentally ill individuals. Art as projective medium in diagnosing psychological problems enables mental health professionals to creatively assess individuals' mental health status. A nursing assessment instrument for the mentally challenged individual provides a basis for individualised developmental programmes to be developed. More than sixty percent of Africa's population consists of adolescents. Therefore providing health care to adolescents is a priority issue for health professionals. The last article in this edition describes problems and needs midwives experience with legislation. As a whole this edition provides a variety of research focuses as well as addressing priority health care challenges.

Die belangrikheid van kurrikulumontwikkeling, rekenaargeletterdheid en gebruikmaking van 'n hulpbron soos konsepkaarte in gesondheidsonderrig word in hierdie uitgawe van Health SA Gesondheid benadruk. Psigiatrise geestesgesondheidoorwegings word aangespreek in vier van die artikels. Professionele verpleegkundiges en gesinslede se belewenis van geestesongestelde individue word beskryf. Geestesgesondheidsonderrig en ondersteuning is noodsaaklik om verpleegkundiges en gesinslede in staat te stel om die gedrag van geestesongestelde individue te hanteer. Kuns as projektiwe medium om psigologiese probleme te diagnoseer stel geestesgesondheidsberoepslede in staat om individue se geestesgesondheidstatus op 'n kreatiewe wyse te beraam. 'n Verpleegkundige beramingsinstrument vir die verstandelik uitgedaagde individu verskaf 'n basis om geïndividualiseerde programme te ontwikkel. Meer as sestig persent van Afrika se bevolking is adolesente. Die voorsiening van gesondheidsdienste aan adolesente is dus 'n prioriteit oorweging vir gesondheidsberoepslede. Die laaste artikel in hierdie uitgawe beskryf probleme en behoeftes wat vroedvroue ervaar met wetgewing. In die geheel voorsien hierdie uitgawe 'n wye verskeidenheid navorsingsfokusse sowel as om prioriteit gesondheidsdienst uitdagings aan te spreek.

*Marie Poggenpoel
Editor/Redakteur*

*Annatjie Botes
Assistant Editor/Assistent Redakteur*