

One central theme that appears in all the articles of this edition of Health SA Gesondheid is how crucial positive interpersonal relationships are between all role-players in the health care system. Integral to positive interpersonal relationships are mutual respect, acceptance, empathy, genuiness and clear and constructive communication. In the field of managed health care positive working relationships between all role-players are central to improve cost-effective quality care. Strategies to enhance these positive relationships between role-players include empowerment of the role-players and staff development. Nurses also experience empowerment in the workplace the higher they are in the nursing hierarchy.

The importance of facilitation of assertiveness, as an interpersonal skill, in teenage girls to refuse to become sexually active and thus prevent teenage pregnancies can also contribute to positive relationships with their families and teenage boys.

Communication, as an interpersonal skill, is also crucial in a neonatal intensive care unit, where early onset of communication between nurses and a high-risk infant contributes to a calming effect and response from the infant through motor activity and eye movements.

Research conducted indicate that newly qualified psychiatric nurses need supervision and feedback on their interpersonal and therapeutic skills as they seem to lack them when interacting with other role-players in the workplace.

The overseas visit report also demonstrates the importance of positive interpersonal relationships between South African nurses and the staff of the World Health Organisation.

In conclusion we can't emphasise enough how important positive relationships between role-players in the health care setting are to promote quality health care.

Een sentrale tema wat in al die artikels van hierdie uitgawe van Health SA Gesondheid voorkom, is hoe noodsaklik positiewe interpersoonlike verhoudings tussen al die rolspelers in die gesondheidsversorging stelsel is. Integraal tot positiewe interpersoonlike verhoudinge is gemeenskaplike respek, aanvaarding, empatie, egtheid en duidelike en konstruktiewe kommunikasie. In die veld van bestuurde gesondheidsorg is positiewe werksverhoudings tussen alle rolspelers, sentraal om koste-effektiewe kwaliteitsorg te verbeter. Strategieë om hierdie positiewe verhoudings tussen rolspelers aan te moedig sluit in die bemagtiging van die rolspelers sowel as personeelontwikkeling. Verpleegkundiges beleef ook bemagtiging in die werkplek hoe hoër hulle in die verpleeghiërargie is.

Die belangrikheid daarvan om selfhandhawing, as 'n interpersoonlike vaardigheid, by tienerdogters te faciliteer sodat hulle kan weier om seksueel aktief te word en sodoende tiener swangerskappe kan voorkom, kan ook bydra tot positiewe verhoudings met hulle families en tiener seuns.

Kommunikasie, as 'n interpersoonlike vaardigheid, is ook noodsaklik in 'n neonatale eenheid waar vroeë aanvang van kommunikasie tussen verpleegkundiges en 'n hoë risiko baba bydra tot 'n kalmerende effek en respons van die baba deur motoriese aktiwiteit en oogbewegings.

Navorsing uitgevoer dui daarop dat nuut gekwalificeerde psigiatrise verpleegkundiges supervisie en terugvoering benodig betreffende hulle interpersoonlike en terapeutiese vaardighede aangesien hulle dit tekort skiet wanneer hulle met ander rolspelers in die werkplek in interaksie tree.

Die oorsese besoek verslag demonstreer ook die belang van positiewe interpersoonlike verhoudinge tussen Suid-Afrikaanse verpleegkundiges en die personeel van die Wêreld Gesondheidsorganisasie.

Ons kan dit nie genoeg benadruk hoe belangrik positiewe interpersoonlike verhoudings is tussen rolspelers in die gesondheidsorgopset om kwaliteitgesondheidsorg te bevorder nie.

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